

URL: <https://stvp.stanford.edu/clips/keys-to-increasing-your-likability>

Entrepreneur and author Guy Kawasaki explains how "likability" is a main component of a person's ability to be enchanting. In this clip, Kawasaki shares three physical keys to increasing your likability: using a great smile, dressing for a 'tie', and offering the perfect handshake (based on an interesting mathematical formula).



Transcript

So, the basics, the three pillars of enchanting and enchantment is first likability.. If you think about it, have you ever been enchanted by someone you didn't like? The answer is probably not.. You need to be likable.. I don't care how great your product is.. You need to be likable.. So, I'm going to give you the key points of starting down the path of likability.. First key point is you have to improve your smile.. This is what's called a Pan Am smile.. Unfortunately, in this audience, you probably never heard of Pan Am.. Pan Am was this airline a long time ago..

The Pan Am stewardess and really most flight attendants, they have what's called the Pan Am smile, where you only use your jaw muscles.. You kind of fake a smile.. No flight attendant is truly happy to see you.. Let's just come to grips with that, all right? So, that's the Pan Am smile, where you use the zygomatic major muscle.. If you want to have a great smile, you need to use the orbicularis oculi muscle, which is in other words, the eyes.. What I'm trying to tell you here is crow's feet is good.. Crow's feet is in.. Forget the plastic surgery.. Forget the Botox.. You want crow's feet because when you have crow's feet and you have your jaw working, you have a truly great smile..

This is a woman named Mari Smith.. I have to take the cursor off her eye there.. It disturbs me.. Mari Smith is an expert in social media.. You may have heard of her.. The great story about this particular slide is I went up to Mari and I said, "You know, I have good news for you and bad news for you.. The good news is you will be in every one of my speeches from now on.. The bad news is you're in the speech because you have really pronounced crow's feet." Luckily, she took that in a good way.. That's why she's in every slide.. So, that's the second thing..

The next thing is how to dress.. No pun intended but you should dress for a tie.. There are several theories about how to dress.. You could dress underneath your audience, where you know your audience is a business audience, they're in a coat and tie.. But you're going to freaking walk in there with T-shirt and jeans and running shoes.. You don't care because you are more powerful than them.. They cannot do anything to you.. You're going to wear a T-shirt, you don't care.. You're disrespecting the audience.. You can also overdress..

This is where you're trying to communicate that "I have more money than you.. I have better taste than you.. I can put you to shame." That also makes you not likable.. So, what you really want to do is dress equal to the audience, not high, not low, equal.. Dress for a tie.. The third component of likability is to have a great handshake.. Of all audiences in the world, you should appreciate that this is a mathematical formula for the perfect handshake.. The citizens of the United Kingdom funded this study for you from the University of Manchester.. And it tells you that you need to be a certain distance, certain firmness.. Your hand needs to be smooth and dry..

You need to maintain eye contact for a second or two.. This is the perfect handshake.. The point here is that first impressions are important...