

URL: <https://stvp.stanford.edu/clips/how-to-find-a-great-mentor>

Ulu Ventures managing director Miriam Rivera acknowledges the huge role great mentors played in her career and advises young professionals to think less about personal rapport when seeking a mentor. Instead, she says, seek out those who can make a big impact on your career with a small investment of time.



## Transcript

- There's a real lack of awareness 00:00:06,310 of what a mentor really is.. I don't think of the most influential mentors in my life as people who I've met with weekly or that have a deeply personal knowledge of me.. A lot of them have been people within work contexts who have been willing to be transparent about the organizational dynamics of that context and helping me to understand the management and leadership and the proclivities of those folks, and they may not have, they're not my deepest personal friends or they're not my parents, and so I think for a lot of young people, it's just being aware that you can get a lot of value from a mentor in much more limited ways and your need to work on identifying people that you look up to that seem effective, that are willing, have the time, and you have to really work at how much time do I access this person, can they give me a small amount of their time and have a big impact on my career? If you demonstrate that for the mentor, they will keep on meeting with you..